2nd ANNUAL RUTGERS HUMAN PERFORMANCE CONFERENCE

Hosted by the Center for Health & Human Performance – a Core Center in the Institute for Food, Nutrition, & Health (IFNH), and the International Society of Sports Nutrition (ISSN)

Rutgers University is pleased to announce the 2nd Annual Human Performance Conference on its main campus! This unique conference is being held in conjunction with the International Society of Sports Nutrition and is designed to address topics that will be of interest to coaches, athletes, students, scientists, personal trainers, and strength & conditioning professionals.

WHEN: March 28, 2015
WHERE: Rutgers University, Beck Hall – Piscataway, NJ (Livingston Campus)

SCHEDULE:

8:30AM – 9:00AM
REGISTRATION

9:00AM – 9:15AM
Welcome and Introductions

9:15AM – 10:15AM
Sara C. Campbell, PhD – The Athletic Intestine: Can the Gut Influence Performance?

10:15AM – 11:15AM
Michael Camp, DPT, CSCS – Recovering Athletic Performance After Injuries

11:15AM – 12:15PM
Layne Norton, PhD – Protein Distribution: A Missing Link for Skeletal Muscle Nutrition?

12:15PM – 1:45PM
NETWORKING & LUNCH

1:45PM – 2:45PM
Bradley D. Hatfield, PhD, FACSM, FNAK – The Mind of the Elite Athlete: Understanding Peak Performance and Stress Resilience

2:45PM – 3:45PM
Jenna Stranzl, RD, CISSN – From Teeing it Up to Dropping the Puck: Nutrition Requirements and Strategies for Various Sports

3:45PM – 5:00PM
Roundtable Discussion with All Speakers and Including Chris Algieri, Current WBO Light Welterweight Boxing Champion: The Role of Sport Science and Sport Nutrition in High-Level Athletics: Research and Application Trends

Registration Details:

Before 3/14/15 | After 3/14/15
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ISSN Student Member: | $10 | $20
Non-ISSN Student Member: | $39 | $49
ISSN Professional Member: | $99 | $119
Rutgers Faculty & Staff | $99 | $129
Non-Affiliates | $99 | $129

Earn ACSM and NSCA CEUs
Early Registration Deadline: March 14, 2015 – space limited, REGISTER TODAY!
To register, visit https://www.sportsnutritionsociety.org/ConferencesDetails.php?IDconf=52

For questions, please contact Dr. Shawn Arent at shawn.arent@rutgers.edu

Conference Sponsors: Polar Electro USA (Platinum Sponsor), Rutgers Dept. of Exercise Science, Rutgers Athletics, Vitargo Global Science, Michelle Adams Training, My Competitive Life