3rd ANNUAL RUTGERS & ISSN HUMAN PERFORMANCE CONFERENCE

Hosted by the Center for Health & Human Performance – a Core Center in the Institute for Food, Nutrition, & Health (IFNH), and the International Society of Sports Nutrition (ISSN)

Rutgers University is pleased to announce the 3rd Annual Human Performance Conference on its main campus! This unique conference is being held in conjunction with the International Society of Sports Nutrition and is designed to address topics that will be of interest to coaches, athletes, students, scientists, personal trainers, and strength & conditioning professionals.

WHEN: March 5, 2016
WHERE: Rutgers University, Beck Hall – Piscataway, NJ (Livingston Campus)

SCHEDULE:

8:30AM – 9:00AM REGISTRATION
9:00AM – 9:15AM Welcome and Introductions
9:15AM – 10:15AM Disa L. Hatfield, PhD, CSCS – (Mis)Perception and Exercise Intensity
10:15AM – 11:15AM Michael Ormsbee, PhD, CISSN, CSCS– Sports Nutrition and Supplements for Endurance Athletes
12:15PM – 1:45PM NETWORKING & LUNCH
1:45PM – 2:45PM Eric D. Ryan, PhD, CSCS, USAW-SPC – Explosive Strength: The Role of Rate of Force Development in Performance and Injury Prevention
2:45PM – 3:45PM Chris Algieri, MS, Professional Boxer – Real World Training and Nutrition Strategies for the Combat Sport Athlete
3:45PM – 5:00PM Douglas J. Casa, PhD, ATC, FACSM, FNATA: Maximizing Athletic Performance in the Heat

Registration Details:

By 2/24/16 After 2/24/16
ISSN Student Member: $10 $20
Non-ISSN Student Member: $39 $49
ISSN Professional Member: $99 $119
Rutgers Faculty & Staff $99 $119
Non-Affiliates $99 $119

Earn ACSM and NSCA CEUs
Early Registration Deadline: February 24, 2016 – space limited, REGISTER TODAY!
To register, visit https://www.sportsnutritionsociety.org/ConferencesDetails.php?IDconf=72

For questions, please contact Dr. Shawn Arent at shawn.arent@rutgers.edu

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